



Do You need help with...

Debts

Benefits

Employment

Housing



Hello, my name is Liz Skinner and I am available to advise on the above issues during the Wednesday Motor Neurone Clinic. Please contact Theresa Walsh coordinator on 0114 222 2266, if you would like an

free, confidential, independent

What we can do

benefits

which benefits you can claim

debts

what are your options

money skills

making your money go further

housing

moving, rent arrears, mortgage arrears

employment

problems at work

Sheffield Mental Health CAB,
Michael Carlisle
Centre, Osborne Road,
Sheffield S11 9BF.
Telephone 0114 2718025

