

Guide to transition

for 13-25 year olds with muscle disease

BupaGiving

Order your **free** copy from the
Muscular Dystrophy Campaign's Information Service

- call 0800 652 6352 (freephone)
- email info@muscular-dystrophy.org
- or fill in the form overleaf

To receive your free *Guide to Transition* please complete and return this form by post to **Freepost-RRLK-LCZC-YLKH, Muscular Dystrophy Campaign, 61 Southwark Street, London, SE1 0HL.**
To keep your details safe we recommend you put it in an envelope.

Name:

Address:

Postcode:

Tel:

Email:

Please tick one of the following:

- I have muscle disease
- I am a family member or friend of someone who has muscle disease
- I work with someone with muscle disease

Neuromuscular condition: