Training Opportunities for people with muscular dystrophy
NMC Training offers training opportunities in digital graphic design and IT skills. We deliver training in our training suite equipped with a mix of Apple Macs and Laptop PC's.

- We aim to provide transport between home and the Centre for our Trainees.
- Full care and support services are provided for all students at the Centre.
- Taster sessions for any of the courses are always offered to see whether it really meets your needs.
- We also provide distance learning opportunities for graphic design students who are not able to travel to the NMC and wish to study from home.
Graphic Design Courses

NCFE Level 1 certificate in Graphic Design
This is a recognised qualification in Graphic Design. It will usually take a student about six months to complete. It will enable students to learn and then demonstrate:

- They are proficient in all the industry standard software packages used in a Graphic Design business - Adobe Photoshop and Adobe Illustrator
- Basic graphic design techniques
- Gain an underpinning knowledge of graphic design processes and principles
- Complete a variety of exciting and interesting projects as part of the training

NCFE Level 2 certificate in Graphic Design
This qualification is ideal for candidates who already have software and graphic design skills and want to extend their knowledge and skills. This could be, for example, as a way to access further study within the graphic design field or to make more informed career choices.

Level 3 BTEC in Graphics
An advanced level course for students who already have successfully completed a qualification in Graphic Design
IT Skills Courses

OCR Level 1 Certificate for IT Users (CLAIT)
Clait 2006 is aimed at students who have little or no knowledge of using a computer. The qualification helps students gain knowledge, skills and understanding in using computers and Microsoft office software.

OCR Level 2 Certificate/Diploma for IT Users (CLAIT Plus)
Clait PLUS will help students further explore more in great detail, packages that they already have a basic knowledge and understanding of and allow them to practice everyday workplace computing skills.

For both Clait 2006 and CLAIT PLUS students have the choice of achieving as many or as few units as are appropriate for their own learning needs. Each unit can be certified on an individual basis. It is possible to work towards a certificate or diploma.

Interested?
- Places are limited but we can enrol students at any time throughout the year.
- No course fees apply.
- Generally our students attend for a half or full day each week.

Contact Dee Valkering:
dee.valkering@nmcentre.com
01606 863464
The NMC provides a range of unique services and specialist advice with the sole aim of improving the quality of life for adults with neuromuscular conditions. The charity was founded in 1990. There's nothing else like the NMC in the UK or Europe!

At the heart of the NMC is a vibrant and commercially successful Social Enterprise. NMC Design+Print employs 15 people, 12 of whom have muscular dystrophy. The team aim to generate a surplus to re-invest in the work of NMC helping others with the condition.

The NMC physiotherapy service provides ongoing treatment where the NHS does not. Physio is crucial in maintaining muscle strength and tone for longer and helping in pain management. Physio is the key to maintaining better quality of life for our 360 registered patients.

The Centre is largely run by people with neuromuscular conditions, so it is very well tuned into to what people with neuromuscular conditions want. The Centre is fully accessible and has Care and Support staff to provide essential help, enabling people to train or work as independently as possible.

The Centre has a fleet of accessible minibuses which provide transport for our Students and Employees on a daily basis.

The Centre has an infectiously warm, welcoming and positive culture. The emphasis is on what you can do and not on what you can't do. Our popular training courses support this ethos - working to provide opportunities and options for people whose disability often means they see little positive future.
Contact the NMC...

Training 01606 530465
General Enquiries 01606 860911
Design+Print 01606 863464
Physiotherapy 01606 861799
Fundraising 01606 861733

Email
dee.valkering@nmcentre.com
matthew.lanham@nmcentre.com

www.nmcentre.com

NeuroMuscular Centre
Woodford Lane West
Winsford
Cheshire
CW7 4EH

Registered Charity 1023606