

*Information for patients*

Information & support for children  
& adults affected by muscle and  
nerve conditions



Specialist neuromuscular care advisor service  
South Yorkshire & Humber

## Here to help

The role of the care advisor is to offer advice and support to people affected by muscle and nerve conditions. It can be helpful around the time of diagnosis to talk through what the diagnosis means and address any concerns. This can be done at your own pace, at a time and place agreed with you. The care advisor is also there to support you after diagnosis. They are a link with your consultant specialising in neuromuscular conditions between clinic appointments.

They also provide information and practical advice on a variety of subjects such as:

- types of muscle and nerve conditions
- genetic issues
- liaison with other professionals and services
- moving house, adapting your home and equipment
- mobility and transport
- benefits
- school, further education, training & employment
- independent living
- family, relationship and emotional issues
- children & siblings
- moving on from children's services

### **The care advisor can also help you to:**

- contact others in similar circumstances
- apply for grants towards equipment

The care advisor supports other professionals involved in your care such as occupational therapist, physiotherapists, social workers and teachers. The care advisor will keep you informed of meetings, support groups and conferences organised by the Muscular Dystrophy Campaign in Yorkshire.

## Where and when

The area covered by the care advisor is South Yorkshire, North Derbyshire & North Lincolnshire. The care advisor can visit you at home or see you at one of the specialist clinics run by a consultant specialising in neuromuscular conditions.

### Clinics for children are held at:

- Ryegate children's centre, Sheffield
- Barnsley District General Hospital
- Doncaster Royal Infirmary
- Chesterfield Royal Infirmary
- Pilgrim Hospital, Boston
- Princess of Wales Hospital, Grimsby
- Rotherham District General Hospital

### A young persons clinic is held at:

- Ryegate Children's Centre, Sheffield

### Clinics for adults are held at:

- The Royal Hallamshire Hospital, Sheffield

## Referral

If you are seen by a consultant specialising in neuromuscular conditions you do not need to wait until your next clinic appointment to contact the care advisor for advice and support. If you are not seen by a consultant specialising in neuromuscular conditions you may ask your General Practitioner or other doctor to refer you to one of the specialists listed below. You will then have access to the specialist neuromuscular care advisor.

### Children - link consultant

Dr Peter S Baxter  
Consultant Paediatric Neurologist  
Ryegate Children's Centre  
Tapton Crescent Road  
SHEFFIELD S10 5DD

### Adult - link consultant

Dr Christopher J McDermott  
Clinical Senior Lecturer  
Honorary Consultant Neurologist  
Royal Hallamshire Hospital  
SHEFFIELD S10 2JF

## Care advisor contact details:

**Mrs Margaret Jackson**

Specialist Neuromuscular Care Advisor  
12 Claremont Crescent  
SHEFFIELD S10 2JF

**Direct dial: 0114 271 18998**

**Mobile: 0788 783 3383**

**Email: [mjackson7@nhs.net](mailto:mjackson7@nhs.net)**

## Other useful contacts:

Sheffield Teaching Hospitals NHS Foundation Trust:  
[www.sth.nhs.uk](http://www.sth.nhs.uk)

Sheffield Children's NHS Foundation Trust:  
[www.sch.nhs.uk](http://www.sch.nhs.uk)

## Muscular Dystrophy Campaign:

Tel: 0800 652 6352 (*freephone*)

Email: [info@muscular-dystrophy.org](mailto:info@muscular-dystrophy.org)

Visit: [www.muscular-dystrophy.org](http://www.muscular-dystrophy.org)

## Neuromuscular Centre:

Tel: 0160 686 0911

[www.nmcentre.com](http://www.nmcentre.com)

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